



UNIVERSITY WOMAN

AAUW-Cape Cod, Massachusetts Branch, est. 1962

November 2019

**AAUW CAPE COD NOVEMBER MEETING**  
**TUESDAY NOVEMBER 19**  
**NELSON HALL AT**  
**ST DAVID'S EPISCOPAL CHURCH**  
**205 Old Main Street**  
**South Yarmouth**  
**AAUW Board Meets 12:30 – 1:30**  
**1:30 Socializing and regular meeting at 2 pm**

**Program:**

We have two speakers from **Cape Cod Habitat for Humanity** coming to tell us all about their work building new homes for families. Habitat for Humanity of Cape Cod has developed over 140 affordable homes on Cape Cod. Local families help build their own homes alongside volunteers and pay an affordable mortgage. Homes are deed restricted to remain affordable in perpetuity. With the support of Habitat and community contributors, Habitat homeowners achieve the strength, stability and self-reliance they need to build a better life for themselves and their families

**ACTING PRESIDENT'S MESSAGE**

Our October speaker from the National Alliance on Mental Illness (NAMI) presented an encouraging overview of this financially independent organization's free services to every town on the Cape. NAMI's mission is advocacy and education to all affected by mental illness, including family members of

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patients. Its programs are tailored to specific groups---the aging, addicted, younger children. They have offered their program on recognizing signs of mental illness to all fifteen Cape police departments.

The speaker at the November branch meeting will address affordable housing, another topic vital to our Cape community. Don't miss it. Bring a friend or two. The November meeting is on the 19<sup>th</sup>, the third Tuesday instead of the fourth because of Thanksgiving holiday.

AAUW national office reports that it has trained 102,700 women across the country to negotiate fair salaries. Through partnerships with other agencies in places like New York, Kansas and Pennsylvania it aims to enroll many more in the Work Smart salary negotiation workshops. WE CAN on the Cape has announced its partnership with AAUW.

*Elsa Murphy*

### **MESSAGE FROM BECKY ALDEN**

The air is colder. The weather forecasters are predicting possible snow for northern Massachusetts. Must be November.

We have little time before our next meeting at St. David's – on Tuesday, the 19<sup>th</sup>. Our program will about Habitat for Humanity of Cape Cod. We have a very active Habitat for Humanity here on Cape Cod with a variety of "builds": sometimes even with an all-women construction group. I look forward to their presentation and hearing what they are planning. Please talk it up and bring a friend to our meeting.

Next month I hope you will come to our Holiday Luncheon on Tuesday, December 10.

Then we have two months with no meetings – but the lunch groups, cooperative dinners, and book and movie groups will continue to meet. If you stay on the Cape during these months, I hope you will join one or more of these groups. Next meeting will be in March when we discuss the book, WeThe Resilient.

Hope to see you November 19<sup>th</sup>, at St. David's, South Yarmouth.

Stay warm, Becky Alden VP for Programs

**Book Exchange:** Please don't forget to bring your lightly read books to the meeting to exchange for new ones. The price is reasonable: \$1 for hard covers; \$.50 for paperbacks. On days like today, it's nice to curl up with a book, some hot chocolate (or perhaps a glass of wine?) in front a fireplace, and get lost in a book for a few hours.

## **STUDY AND INTEREST GROUPS**

**BIRTHDAY LUNCHEON GROUP:** A gathering for November, December, January birthdays was held November 6<sup>th</sup>. Look for more news after the winter.



**CAPE COD THEATER:** Look for upcoming opportunities in your email. Beth Flanagan 508-362-4319.  
[bethfcapecod@gmail.com](mailto:bethfcapecod@gmail.com).



**FIIM GROUP :** We are communicating via email to see current films and then meet for lunch to discuss. The next films are "Harriet" and "Pain and Glory". Lunch on November 25<sup>th</sup> noon, at Marshside. Please call Phyllis Koppell if you're coming: 508-237-3169.



Cooperative Dinners: Upcoming dinners will be announced.



**Book Groups:** Book Group 1: meets first Thursday of the month. Contact Barbara Fletcher: 508-540-2758 or 508-853-6223  
Book Group 3 meets the third Thursday of month at 1 pm. Contact Beverly Stec. 508-385-5760  
Book Group 7 meets 4<sup>th</sup> Monday of month. Contact Anne Swanson 508-428-0914

## **DECEMBER HOLIDAY LUNCH:**

*Save the date – Tuesday December 10<sup>th</sup> at 11:30. Waiting for confirmation on our location.*

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